

GARDEN OF THE GODS

RESORT ♦ WELLNESS ♦ CLUB

“ENRICHED BY NATURE”

OVERVIEW

Perched atop a mesa in Colorado Springs, the newly renovated [Garden of the Gods Resort and Club](#) is the premier retreat in the Rocky Mountain West that offers a world-class resort and wellness experience with an array of amenities including: championship golf and tennis, pickleball courts, an award-winning integrative med spa named [Strata](#) for whole person health, three outdoor swimming pools, two hot tubs, and impeccable dining experiences. The resort unveiled a dynamic \$40M renovation in summer 2023.

ACCOMMODATIONS

Boasting 117 rooms, the diverse accommodations at Garden of the Gods Resort and Club are enriching by design and invite the outside in, boasting spacious layouts, top-tier furnishings and a genuine sense of place. The main resort lodge houses 57 well-appointed rooms and suites with unparalleled west-facing views into Garden of the Gods park, while one-, two- and three-bedroom cottages and casitas offer enhanced privacy and a more residential feel with spacious patios nestled alongside a bubbling creek.

- **Resort Lodge:** Mountain front guest rooms and suites offer breathtaking views of the Garden of the Gods national natural landmark with its spectacular red rock formations framed by snow-capped Pikes Peak. Each of the suites offers a separate living room, wet bar and dining room area and luxe amenities to create a residential ambiance complimented by wellness touches from in-room meditations available on TVs to essential oil sprays in rainfall showers. Many rooms feature balconies and patios.
- **Cottages:** Available as one-, two- and three-bedroom luxury residences, the Cottages combine exclusivity with world class amenities. Bordered from the main resort campus by a landscaped courtyard with an outdoor firepit and privacy walls to create a secluded retreat environment, the Cottages embody impeccably curated furnishings with a kitchenette, dining room, spacious living area with a fireplace, and five-piece ensuite bath with a soaking tub. Private patios and cozy outdoor fireplaces enhance the tranquil ambiance.
- **Casitas:** Located in a secluded enclave nestled within Garden of the Gods Resort and Club, private Casitas blend exclusivity with the exceptional services for which the resort is known. The Casitas have been designed with flexibility in mind, featuring one-, two- and three-bedroom luxury residences, each with connecting room options. Exquisitely furnished and well-appointed, each residence includes a full kitchen, dining room, spacious living area with fireplace and 5-piece ensuite bath with a soaking tub. With water features and a calming stream winding through the residences, each Casita has a private patio and inviting outdoor fireplace.

In-room Amenities:

- Private balcony or patio
- Fireplace
- Large powder room and closet
- Small refrigerator (full kitchen in Casitas)
- Nespresso coffeemaker with complimentary coffee
- Plum Wine System, fine wines by the glass (lodge and cottages)
- Plush robes
- Hair dryer
- Iron and ironing board
- Dual-line phones with data ports
- Plasma television with cable channels and in-room wellness sessions provided by Strata therapists
- Clock radio with iPod docking station
- In-room safe
- Wireless high-speed internet
- Complimentary bottled water
- Board games and DVD player available for check-out from the front desk
- Daily housekeeping with turndown service available by request
- Same-day laundry and dry cleaning available by request
- Room service daily
- Complimentary valet and self-parking

- Complimentary access to Strata fit daily fitness and wellness classes, alongside fitness facilities

ABOUT STRATA

Strata Med at Garden of the Gods Resort and Club redefines patient care by integrating the personalized focus of concierge medicine with the holistic approach of integrative and functional medicine. Unlike traditional settings, Strata values extended interactions to understand and address individual health needs comprehensively. This blend of personalized and preventive care, backed by a team of skilled practitioners, promotes long-term health outcomes, shifting from merely treating symptoms to exploring underlying causes and optimizing overall wellness.

At a glance:

- Founded in 2016 within the grounds of Garden of the Gods Resort and Club
- Open to the public welcoming locals, club members, resort guests, and area visitors alike
- Housed within a 31,000 square foot building, Strata is comprised of a 10,000 square foot medical center, 10,000 square foot spa and 11,000 square foot event center for fitness and cooking demonstrations, educational lectures and more
- Transforming lives and building community through three key integrated disciplines: Strata Med (health and wellness), Strata Spa (spa and salon), and Strata Fit (fitness and performance) all under one roof
- Internationally acclaimed, scientifically-driven, and evidence-based Concierge Medicine Memberships founded upon patient-centric, personalized, and proactive healthcare—inclusive of integrative, immersive, and innovative services and treatments that stir the senses
- Eastern and western wellness practices all under one roof centered on whole person health; personalized care programs incorporate multiple disciplines
- 40+ experts including board-certified doctors, nurses and award-winning therapists, providers, and wellness clinicians spanning medicine, aesthetics, fitness, and more
 - Experts on staff include Cardiologist and industry leader Dr. Michael J. Barber, Behavioral Health Specialist Dr. Whitney Harper, Internal Medicine & Lifestyle Medicine expert Dr. Sheila Bee and [many more](#)

STRATA SPA SERVICES

- [Massage and Body Treatments](#)
- [Skincare](#)
- [Recovery and Detox Treatments](#)
- [Hydration and Sensory Flotation Experiences](#)
- [Ayurvedic Rituals](#)
- [Salon and Barber Services](#)

DINING:

Garden of the Gods Resort and Club, under the guidance of seasoned Executive Chef, Nathan Gresham, offers a variety of locally sourced, farm-to-table dining options. Chef Gresham works closely with the dietitians and nutritionists at Strata to inform healthy menu options, as well as local and regional purveyors to ensure the freshest quality ingredients available.

- **Grand View Restaurant:** While all dining venues and bars experienced upgrades during the recent \$40M renovation, Grand View Restaurant was completely reimagined. A contemporary eclectic neighborhood restaurant, Grand View offers an alluring social gathering atmosphere with a globally inspired menu that focuses on thoughtful preparations of ingredients that are sourced locally, regionally and seasonally. The food and beverage program is just as impressive as Grand View's namesake stunning views of Garden of the Gods which can be admired through floor-to-ceiling windows offering a dining experience enriched and enveloped by nature. Grand View is open seven days a week for breakfast, lunch, happy hour, dinner, and weekend brunch.
- **The Rocks Bar & Lounge:** Guests and Club Members are invited to enjoy similarly stunning views of Garden of the Gods Park to those offered in the Grand View Dining Room, but in a more casual setting. The Rocks Bar & Lounge is a popular spot to mingle and sip on craft cocktails and mocktails made with fresh ingredients and local spirits alongside delicious regionally inspired fare. Open daily for lunch and dinner.
- **Kissing Camels Grille & Bar:** Exclusive to Club Members and guests, Kissing Camels Grille & Bar overlooks the resort's 27-hole championship Kissing Camels golf course and its inspiring panoramic mountain views. This Colorado Springs restaurant is the perfect casual dining and socializing option at the resort. Kissing Camels Grille & Bar is open Wednesday through Sunday from 4 p.m. to 8 p.m.
- **Beach & Cable Barista:** Located within the Gateway Building which houses Strata, Beach & Cable Barista serves Lavazza Coffee including signature macchiatos, frappuccinos, teas as well as an assortment of freshly squeezed juices and signature

smoothies. Each morning, their in-house bakery creates an ever-changing menu of pastry favorites ranging from cinnamon rolls and muffins to bacon-cheddar scones and gluten-free goodies. There are also a variety of salads, sandwiches and wraps – perfect for on-the-go meals. Beach & Cable Barista is open daily from 6:30 a.m. to 3 p.m.

- **In-Room Dining:** Guests can enjoy a broad selection of dishes in the comfort of their luxurious guestrooms, in front of their fireplace or on the patio taking in the views of beautiful Garden of the Gods. In room dining is available from 7:15 a.m. to 10 p.m. daily.

RESORT AMENITIES + ACTIVITIES:

Garden of the Gods Resort and Club is proud of its rich sporting traditions. Today, that original vision of a retreat where guests can relax with loved ones while practicing sport among unparalleled natural beauty still lives on.

- **Golf:** The resort is home to the 27-hole championship Kissing Camels Golf Course, as well as a driving range, practice greens and award-winning pro shop. The course features 7,000 yards per 18 holes and was the former host of the Senior Women's Amateur Tournament and offers adult and junior golf programs led by PGA professionals, tournaments and events.
- **Tennis:** The resort's USPTA/USPTR-certified tennis program features two outdoor and four state-of-the-art indoor courts for year-round play. Offerings include adult tennis programs, junior tennis programs, pickleball programs and professional tennis lessons.
- **Swimming:** The resort is home to a collection of three pools and two hot tubs, including an award-winning adults-only heated infinity pool overlooking the Garden of the Gods Park and Pikes Peak and others that are family friendly along with a splash garden.
- **Strata Fit:** A state-of-the-art fitness center provides guests with equipment from Matrix, alongside a variety of group fitness classes and personal training and coaching options.
- **Kids Club:** A year-round Kids Club, offered Monday through Friday, and a robust summer camp schedule provides interactive, athletic and educational activities for children ranging from ages four to 18 years. With a low staff-to-child ratio of 1:6, the Kids Club allows parents to drop their kids off for daily programs, weekly summer camps or nightly hourly periods, while they enjoy some kid-free time.
- **Resort Outfitters:** An exciting array of outdoor activities and excursions allows visitors of all ages to experience the culture of wellness and active living in the outdoor recreation hub of Colorado Springs.
- **Annual Events:** Because tradition plays a large role at the resort, there are a variety of annual events that resort guests are welcome to enjoy. Highlights include the Easter Egg Dye and Hunt, Summer Family Pool Party, outdoor movie nights throughout the warm months, National Relaxation weekend, Pumpkin Carving and multiple Christmas activities, such as Breakfast with Santa.

MEETINGS & GROUPS:

Garden of the Gods Resort and Club boasts more than 22,000 square feet of some of the state's most beautiful indoor and outdoor venues. To complement events with up to 250 guests, the resort provides gourmet catering services, state-of-the-art AV equipment and ample parking.

- 12,000 square feet of indoor events space is spread across seven flexible function rooms with 14 different configurations.
- 10,000 square feet of outdoor space is comprised of four terraces.

In addition to providing ample meeting spaces and luxury amenities, Garden of the Gods Resort and Club offers groups a variety of experiential and wellness packages designed to spark creativity, optimize well-being and foster team building. Examples include a guided hike up 'The Incline,' a well-known attraction found in nearby Manitou Springs that includes more than 2,700 steps made of railroad ties and rises over 2,000 feet in elevation, rock climbing course for beginners guided by seasoned professionals from Front Range Climbing Co., and group fitness and mindfulness meditation sessions along with an executive wellness program.

WEDDINGS:

An exquisite and beloved venue for destination weddings, Garden of the Gods Resort and Club is known for its majestic Rocky Mountain backdrop and iconic park vistas. Garden of the Gods Resort and Club's dedicated wedding team will help brides and grooms customize their special day, creating special dining menus, wedding party spa and salon outings, tee times, a beautiful bridal suite and more. The resort's collection of indoor and outdoor event spaces is all beautifully designed, and most showcase stunning views of Garden of the Gods Park and Pikes Peak.

HISTORY:

Garden of the Gods Resort and Club is a timeless mid-20th century legacy, blending generational traditions with bespoke culture, that celebrates life well-lived. For over 70 years, the resort has merged the iconic beauty of the landscape with refined ambiance and

rich wellness tradition.

The red rock sandstone formations set against Pikes Peak, now called Garden of the Gods, have long been revered for their natural beauty. Long ago, it served as a Native American crossroads where numerous nomadic tribes gathered in peace. According to local stories, the immense sandstone formations were considered sacred ground, and because of this, rival tribes laid down their weapons when entering the Garden of the Gods.

The view has always been magnificent, and when club founder Al Hill first looked out across the mesa — with the lucent rays of late-day sunbathing the landscape in a golden glow — he knew he'd found his paradise: a powerful place, magnetic in its charms, unspoiled, utterly peaceful, and surrounded by awe-inspiring natural splendor.

Hill and his wife, Margaret, dreamed of sharing that view with others by creating what is now the nationally renowned Garden of the Gods Resort and Club. The Hills purchased the property in 1949, and shortly thereafter, built a private club, luxury resort, and residential community that showcased man-made elegance in an unparalleled natural setting. Garden of the Gods Club attracted fascinating people of means and influence including movie stars, titans of industry, politicians, artists, authors, and musicians including Walt Disney, Gene Autry and John Wayne.

In 2007, Sunrise Company purchased the property from Hill Development and the Hill family. However, in 2013, local ownership returned when business leaders and longtime Garden of the Gods Club members Brenda Smith, an accounting executive, and healthcare executive Judy Mackey, acquired the high-profile resort and renamed it Garden of the Gods Resort and Club. It is through Smith and Mackey's vision that the new on-site integrative med spa, Strata, was created.

At a glance:

- 1949 Texan tastemakers The Hills purchased the property
- 1951 Official opening of Garden of the Gods Club
- 2007 Sunrise Company purchased the property from Hill Development
- 2013 Longtime club members Brenda Smith Judy Mackey acquired the resort
- 2013 Named resort Garden of the Gods Resort and Club
- 2016 Strata was founded

LOCATION & ACCESS:

Garden of the Gods Resort and Club is located within Colorado Springs, home to more than 30 museums, 19 art galleries, 20 breweries and 10 performance art theatres, as well as 136 parks, five sports complexes, 105 miles of urban trails and 160 miles of park trails. Known as the "Olympic City," Colorado Springs has the United States Olympic Committee Headquarters, more than 20 national Olympic governing bodies, more than 50 national sports organizations, the Colorado Springs Olympic Training Center and the U.S. Olympic & Paralympic Museum.

Garden of the Gods Resort and Club is 20 minutes from Colorado Springs Airport, which is serviced by American, Delta, Frontier, Southwest and United. Several major U.S. markets offer nonstop flights to the airport, including Denver, Las Vegas, Los Angeles, Salt Lake City, Phoenix, Dallas, Houston, Orlando, Atlanta and Chicago. International guests can also access Garden of the Gods Resort and Club via Denver International Airport, which is just over an hour away.

Garden of the Gods Resort and Club is ideally situated near a variety of Colorado's unique attractions, including the Manitou Incline; Pikes Peak, a famous "14-er" and inspiration behind the song, "America the Beautiful"; Cave of the Winds; U.S. Olympic & Paralympic Training Center; U.S. Olympic & Paralympic Museum; Cheyenne Mountain Zoo; the United States Air Force Academy; the Royal Gorge Bridge and more.

Address 3320 Mesa Road
Colorado Springs, CO 80904

Phone 800.923.8838

Website	www.gardenofthegodsresort.com
Social	Facebook: @GardenoftheGodsResortandClub Instagram: @ggresortandclub Pinterest: @ggresortandclub LinkedIn: @garden-of-the-gods-resort-and-club @strata-well
Awards & Accolades	www.gardenofthegodsresort.com/the-resort/awards
Press Contact	Lou Hammond Group gardenofgods@louhammond.com